St Joseph's Catholic Primary and Nursery School, Pontefract.
Catholic Primary And Nursery School

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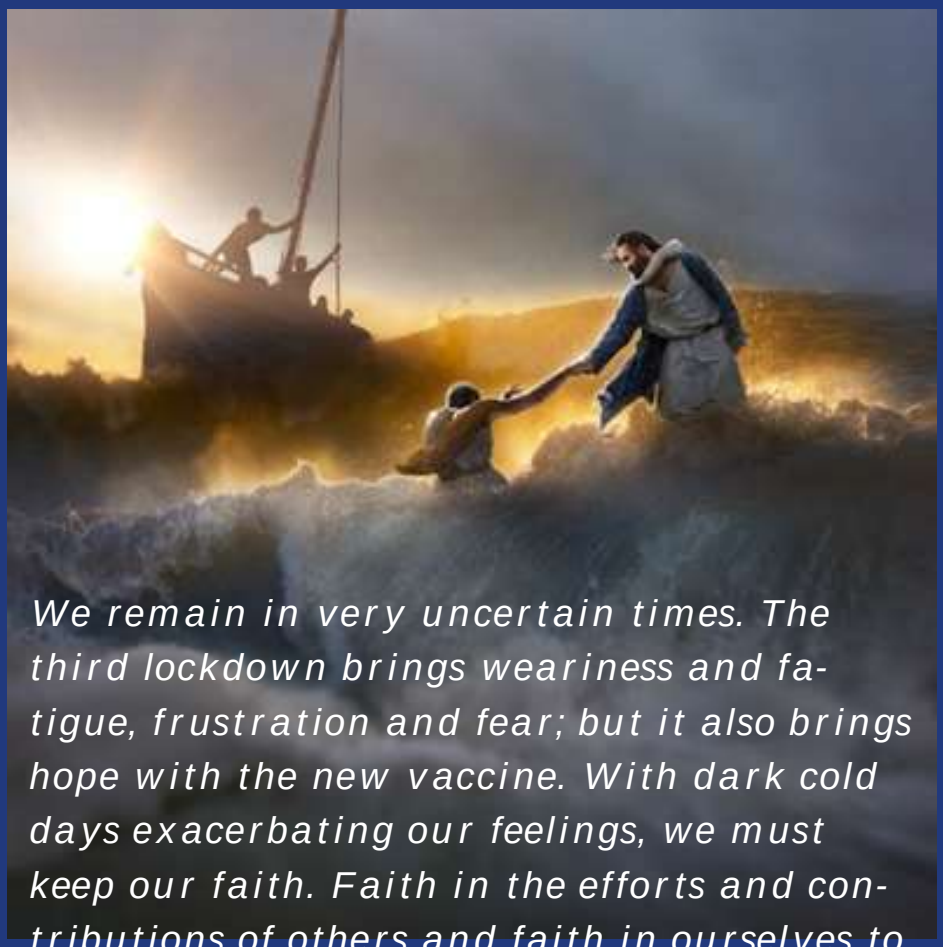
A virtue to remember
Faith

Spring 1 Week 1



We remain in very uncertain times. The third lockdown brings weariness and fatigue, frustration and fear; but it also brings hope with the new vaccine. With dark cold days exacerbating our feelings, we must keep our faith. Faith in the efforts and contributions of others and faith in ourselves to be able to see through the despondency and find a positive in each and every day. There is still a lot to be thankful for and to cherish.

(Mark 1:7-11):

The Baptism of Jesus

"Someone is following me, someone who is more powerful than I am, and I am not fit to kneel down and undo the strap of his sandals. I have baptised you with water, but he will baptise you with the Holy Spirit.

How to Become An Expert in Your Child's Online World in 6 weeks. Please follow the link: https://nspcc.o2.co.uk/

NSPCC Website 'Share Aware' provides straight forward, no-nonsense advice that will untangle the web, and show parents how they can be just as great a parent online as offline. It includes a guide to social networking sites, a parents' guide and tips about how to talk to your child about staying safe online.

Tackling CSE is a priority for West Yorkshire Police and it is the responsibility of everyone to help spot the signs and say something.
For more information, visit www.southyorkshire.police.uk/uk/spotthesigns

St Joseph's supports and advocates 'Operation Encompass' Operation Encompass is a unique Police and Education early intervention safeguarding partnership which supports children and young people exposed to domestic abuse. Operation Encompass is the reporting to schools before the start of the next school day, when a child or young person has been involved or exposed to a domestic abuse incident the previous evening. It enables children to arrive at school and have their needs met, by trained Child Protection staff, who have been informed of the child's 'experience.' National Domestic Violence 24hr free-phone hotline:
0808 2000 247

NOTICEBOARD

We have all had to adapt to new ways of working, so we wanted to take the opportunity to say what an amazing job you are doing supporting your child's well being and learning.

I would also like to thank our teachers for their commitment to our children's learning, particularly through the remote learning. We are all navigating our way through a very different way of working and they are doing it with such grace and determination!

Percentage of Children accessing Google Classrooms

Lower Foundation— 71%

Upper Foundation— 97%

Year 1— 97%

Year 2— 96%

Year 3— 100%

Year 4— 97%

Year 5— 100%

Year 6— 100%

Whole School— 95%

Adverse Weather

Should snow fall to levels that make school premises unsafe school will be closed to ALL pupils, including key worker children and vulnerable children. This is in line with health and safety. I will of course send communication as soon as possible should this situation arise.

The National Lockdown

We know this is an anxious time for everyone and we are trying our utmost to ensure an effective education both in school and remotely.

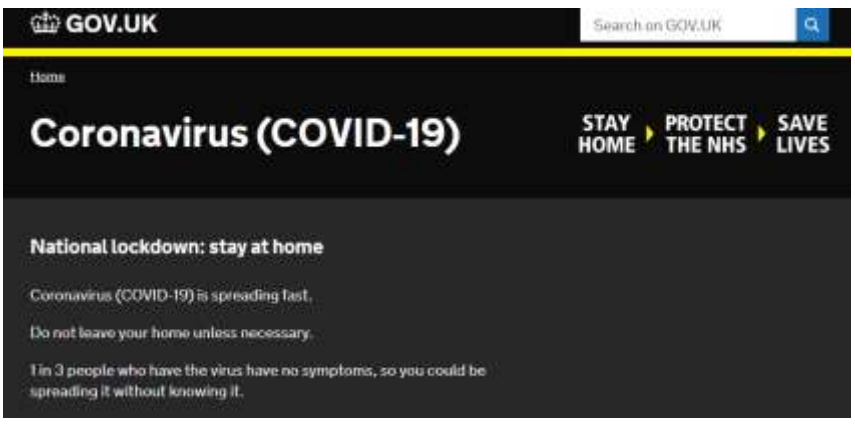
We thank you for your continued support at this very difficult time.

We must remind you that the purpose of the national lockdown is to reduce movement and footfall to an absolute minimum and wherever possible people must remain at home. If there is a parent at home or someone in your bubble that can care for the child then they should do so where possible.

Thank you to those who have completed the key worker surveys and sent in identification of your role. For the full list of critical workers please visit the link below:

https://www.gov.uk/government/publications/coronavirus-covid-19-maintaining-educational-provision/guidance-for-schools-colleges-and-local-authorities-on-maintaining-educational-provision

Government guidance is available on the website gov.uk



First French Friday Feature of 2021

There are three basic ways to say "Happy New Year!" in French:
1. ***Bonne année*** (Happy New Year – literally "Good year").
This is the most common French New Year's greeting. It can be used with most people and in most situations, just like "Happy New Year".
2. ***Je vous souhaite une bonne année*** (I wish you a happy new year) you can use in professional or formal settings.
3. ***Bonne année, bonne santé*** (Good Year, Good Health)

Five French New Year's traditions that might surprise you

Some French New Year's traditions are probably similar to what we do in the UK.
For instance, champagne is the drink of choice (Champomy, a non-alcoholic sparkling fruit juice bottled like champagne is a popular alternative for children),and at midnight, everyone who is awake celebrates.
Like people in many other cultures, the French make New Year's resolutions (*des bonnes résolutions*) that they may or may not succeed in keeping.
But there are a few ways that New Year's in France differs from New Year's in lots of other places. Notably:
New Year's is for friends, not family.
New Year's in France tends to focus on friends and significant others, rather than family. It's much more typical for young French people and adults to ring in the new year at a party or restaurant, rather than in their family's home.

There's no formal countdown

In France, people will count down to the new year, but there is no single, standard, formal countdown on TV — or anywhere else, for that matter.

There's no Eiffel Tower fireworks display.
If I say "France fireworks", you probably imagine the Eiffel Tower surrounded by a beautiful display of sparkling light. That's not entirely wrong, but you're thinking of the wrong holiday.

The famous fireworks display at the Eiffel Tower takes place on July 14, in honour of *la Fête Nationale* (Bastille Day). In recent years, a light show has been projected onto the Arc de Triomphe.

Have you ever celebrated New Year's in France? What did you think of it? Wherever you're celebrating this year, I wish you *une très bonne année 2021*, filled with good health.

Mme K

Supporting home learning routines
Planning the day

Education Endowment Foundation

Consistent routines are important for behaviour and wellbeing in school and our routines at home have changed significantly. Routines support behaviour and you will be finding a new rhythm with your family. You could share this checklist with your child. Talk to them to help them plan their new routines.

The importance of simple approaches as part of a regular routine is key recommendation 4 of the EEF's guidance report *Improving Behaviour in Schools*

	M	T	W	T	F
I woke up at a good time.					
I did some exercise.					
I had regular meals and drank water.					
I enjoyed some reading in a quiet space.					
I practised a maths skill.					
I completed some school work at my work space. I chunked it so I had some breaks too.					
I talked to my family about my day and how I am feeling. I asked them about their day.					
I helped with a household job and talked to my family while I did it.					
I contacted my friends.					
I spent some time on my creative hobby.					
My parent/carer told me what I did well.					
My goal:					
My goal:					

MINDFULNESS

There are many resources online for mindfulness including websites, videos and apps. There are also books and flyers for people of all ages.

Here are some resources to help you…

Website: Childline's Calm Zone: www.childline.org.uk/toolbox/calm-zone/

Apps: A list of useful apps is available at CAMHS resources: www.camhs-resources. co.uk/apps-1

Online Safety

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Domestic Abuse

Domestic Abuse is any incident or pattern of incidents of controlling, coercive, threatening behaviour, violence or abuse between those aged 16 or over who are, or have been, intimate partners or family members regardless of gender or sexuality. The abuse can include, but is not limited to:

- psychological
- physical
- sexual
- Financial
- emotional

It can happen in any relationship, and even after the relationship has ended. Both men and women can be abused or abusers. There does not need to be violence for it to be an abusive relationship.

Domestic abuse can seriously harm children and young people. Witnessing domestic abuse is child abuse, and teenagers can suffer domestic abuse in their relationships.

For further information regarding Domestic Abuse, see links at the bottom of this page.

You can also visit Wakefield District Domestic Abuse Service website, please find their link and leaflet at the bottom of this page.

Useful information around Domestic Abuse

https://www.wakefield.gov.uk/health-care-and-advice/adults-and-older-people-services/domestic-abuse
https://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/domestic-abuse/
https://www.rehab4addiction.co.uk/blog/guide-to-free-domestic-violence-helplines/