Lower Key Stage Two
One-Page Overview

Ten:Ten Resources | Life to the Full

Module 1: Created and Loved by God
Unit 1: Religious Understanding
Story Sessions: Get Up! NEW for 2020 replacing Kester's Adventures*
Unit 2: Me, my body, my health
Session 1: We Don't Have To Be The Same
Session 2: Respecting Our Bodies
Session 3: What Is Puberty? (recommended for Year 4+)
Session 4: Changing Bodies (recommended for Year 4+)
Session 5: Discussion Groups (recommended for Year 4+)
Unit 3: Emotional well-being
Session 1: What Am I Feeling?
Session 2: What Am I Looking At?
Session 3: I Am Thankful
Unit 4: Life cycles
Session 1: Life Cycles
Module 2: Created to Love Others
Unit 1: Religious Understanding
Story Sessions: Jesus, My Friend
Unit 2: Personal Relationships
Session 1: Friends, Family & Others
Session 2: When Things Feel Bad
Unit 3: Keeping Safe
Session 1: Sharing Online
Session 2: Chatting Online
Session 3: Safe In My Body
Session 4: Drugs, Alcohol & Tobacco *NEW for 2020*
Session 5: First Aid Heroes *NEW for 2020*
Module 3: Created to Live in Community
Unit 1: Religious Understanding
Session 1: A Community of Love *UPDATED for 2020*
Session 2: What is the Church?
Unit 2: Living in the Wider World
Session 1: How Do I Love Others?