Upper Key Stage Two
One-Page Overview

Ten:Ten Resources | Life to the Full

Module 1: Created and Loved by God
Unit 1: Religious Understanding
Story Sessions: Calming the Storm NEW for 2020 replacing Kester's Adventures*
Unit 2: Me, my body, my health
Session 1: Gifts and Talents
Session 2: Girls' Bodies
Session 3: Boys' Bodies
Session 4: Spots and Sleep
Unit 3: Emotional well-being
Session 1: Body Image
Session 2: Peculiar Feelings
Session 3: Emotional Changes
Session 4: Seeing Stuff Online
Unit 4: Life cycles
Session 1: Making Babies Pt1
Session 2: Making Babies Pt2 *Optional. See your Programme Coordinator
Session 3: Menstruation
Module 2: Created to Love Others
Unit 1: Religious Understanding
Session 1: Is God Calling You?
Unit 2: Personal Relationships
Session 1: Under Pressure
Session 2: Do You Want a Piece of Cake?
Session 3: Self-Talk
Unit 3: Keeping Safe
Session 1: Sharing Isn't Always Caring
Session 2: Cyberbullying
Session 3: Types of Abuse
Session 4: Impacted Lifestyles *NEW for 2020*
Session 5: Making Good Choices *NEW for 2020*
Module 3: Created to Live in Community
Unit 1: Religious Understanding
Session 1: The Trinity *UPDATED for 2020*
Session 2: Catholic Social Teaching
Unit 2: Living in the Wider World
Session 1: Reaching Out