Progression of Skills
Invasion Games/Striking & Fielding Games/Ball Control

EYFS	YEAR 1	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
Collect & control a ball with two hands. Move a ball with feet, with minimal control. Throw and roll a variety of beanbags and larger balls to space. Throw a beanbag with minimal direction or control. Attempt to stop a large ball sent to them using feet. Run and stop when instructed, with minimal balance or control. Travel around an area showing limited awareness of others. Make simple decisions in response to a situation.	Drop and catch a ball after one bounce on the move. Move a ball using different parts of the foot. Throw and roll towards a target with some varying techniques, and limited success. Kick a stationary ball towards a stationary target. Catch a beanbag and a medium-sized ball, with varying levels of success. Run, stop and change direction with some balance and control. Recognise space in relation to others. Begin to use simple tactics with guidance.	Dribble a ball with two hands on the move. Dribble a ball with some success, stopping it when required. Throw and roll towards a target using varying techniques with some success. Show balance when kicking towards a target. Catch an object passed to them, with and without a bounce. Move to track a ball and stop it using feet with limited success. Strike a ball using a racket. Run, stop and change direction with balance and control. Move to space to help score goals or limit others scoring. Use simple tactics.	Dribble the ball with one hand with some control in game situations. Dribble a ball with feet with some control in game situations. Use a variety of throwing techniques in game situations. Kick towards a partner in game situations. Catch a ball passed to them using one and two hands with some success. Receive a ball sent to them using different parts of the foot, with some success. Strike a ball with varying techniques & success. Change direction with increasing speed in game situations. Use space with some success in game situations. Use simple tactics individually and within a team.	Link dribbling the ball with other actions with increasing control. Change direction when dribbling with feet with some control in game situations. Use a variety of throwing techniques with increasing success in game situations. Kick with increasing success in game situations. Catch a ball passed to them using one and two hands with increasing success. Receive a ball sent to them using different parts of the foot under pressure. Strike a ball using varying techniques with increasing accuracy. Change direction to lose an opponent while maintaining some control of the ball, with some success. Create and use space with some success in game situations. Use simple tactics to help their team score or gain possession.	Change the direction of play while dribbling, with some control under pressure. Dribble with feet with some control under increasing pressure. Use a variety of throwing techniques with some control under increasing pressure. Use a variety of kicking techniques with some control under increasing pressure. In game situations, catch and intercept a ball using one and two hands with some success. Receive & control a ball using different parts of the foot under pressure. Strike a ball with increased success, using a wider range of skills. Use a variety of techniques to change direction to lose an opponent. Create and use space for self and others with some success. Understand the need for tactics and can identify when to use them in different situations.	Change the direction of play while dribbling, with control under pressure. Use a variety of dribbling techniques to maintain possession under pressure. Use a variety of throwing techniques with control, under pressure, following the tactical decisions made to find success. Choose and complete with success, the appropriate kicking technique with control. In game situations, catch and intercept a ball using one and two hands with increasing success. Receive & control a ball with consideration to the next move. Strike a ball using a wider range of skills to outwit an opponent. Apply these with increasing control under pressure. Confidently use a variety of techniques to change direction to successfully outwit an opponent. Effectively create and use space for self and others to outwit an opponent. Work collaboratively to create tactics within their team and evaluate the effectiveness of these.